



~~~Aquatics Division~~~

MILK POOL

City of Charleston Learn-To-Swim Lessons

DATES:

Session	Registration	Class
I	May 18 Starts @ 9am	June 10-21
II	May 18 Starts @ 9am	June 24-July 5
III	June 22 Starts @ 9am	July 15-25
IV	June 22 Starts @ 9am	July 29-Aug 8



All Learn-To-Swim classes are held Monday thru Thursday with Fridays and Saturday mornings reserved for make up lessons due to inclement weather or afternoon swim meets.

CLASS TIMES:

SWIM LESSONS SCHEDULE

Session	Class/Start Times	Max #
I	Water Babies: (9am & 6pm)	6
	Aqua Tots: (9:35am & 6:35pm)	6
	Fun Strokes I: (7:05pm)	6
II	Water Babies: (9am & 6pm)	6
	Aqua Tots: (9am)	6
	Fun I: (9:35am & 6:35pm)	6
	Fun II: (9:35am)	6
III	Adult Lessons: (7:05pm)	8
	Aqua Tots: (9am & 6pm)	6
	Fun Strokes I: (9am & 6:35pm)	6
	Fun Strokes II: (9:35am)	6
	Stroke Masters: (9:35am & 7:05pm)	8
IV	Aqua Tots: (9am)	6
	Fun Strokes I: (9:35am)	6
	Fun Strokes II: (9:35am & 6pm)	6
	Stroke Masters: (6:35pm)	8
	Adult Lessons: (7:05pm)	8

PARENTS: Classes with 3 people or less may be moved to another location, session or classes cancelled.

SUMMER 2013

(843)724-7346

PRICES:

Water Babies: \$15 \$25 non-city
Youth: \$20 \$30 non-city
Adult: \$25 \$35 non-city

Water Babies: Ages 6 months-3 yrs.
Parent participation in the water is mandatory. Use of swim diaper is required for all water babies.

Aqua Tots: Ages 4-5 yrs.
Focus on water exploration and primary skill development.

Fun Strokes I: Ages 6 yrs. and up.
Learn elementary skills and beginner strokes.

Fun Strokes II: based on ability
Swim combined strokes and move into deep water.

Stroke Masters: based on ability
Designed for advanced swimmers.

Recreational and Lap Swimming

Daily Rates

Youth/Sr: \$.50/ 1.00 non-city \$1.00/2.00
Adult: \$2.00 non-city \$4.00

Seasonal Passes (May1-Aug.31)

Youth/Sr: \$25 non-city \$50
Adult: \$40 non-city \$75
Family: \$62.50 non-city \$87.50

Water Fitness/Aerobics

Water is an ideal medium in which participants can perform exercises because it promotes buoyancy and provides resistance with minimum impact on the legs and joints.

Non swimmers are welcome as the class can be done in waist to chest deep water!

Adult: \$3 non-city \$4

Sr. /Pass
Holder: \$2 non-city \$3



MLK POOL



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Summer 2013 Martin Luther King Intramural Swim Team



Benefits...

- Improve your swim skills
- Learn new swim strokes
- Participate in organized practices
- Compete in non-competitive intramural swim meets
- Develop skills to reach your life goals

Our focus is - fun, fitness, & skill development

Cost: \$40 city resident; \$55 non-city
2nd child in family only \$30

Ages: 5-17 (scholarships available)

- Practice: T/TH 5:00-6:30 pm

(Must be able to swim 25 yards non-stop)

MLK DAILY POOL SCHEDULE

5:45-7am Masters M-F

7:00-10:00am SMRT M-F

9-10:00am SWIM LESSONS M-TH

10:05-12:00pm SPECIAL GROUPS M-F

Free – Free - Free
12 – 12:30pm Neighborhood Lessons M/W

1-4pm CHILDREN REC. SWIM M-F

5- 6:30pm MLK INTRAMURAL T/TH
SWIM TEAM

9:00- 12:45pm Lap Swim M-F

4:30-6:00pm Adult Lap Swim M-F

10-12, 6:30-8pm (limited lanes Avail) M-F

6-7:30pm SWIM LESSONS M-TH

6:30- 8pm FAMILY SWIM M-F

7-8am Masters SAT

7-10am SMRT SAT

9-4pm LAP SWIM SAT

12-4pm OPEN REC. SWIM SAT

POOL CLOSED ON SUNDAYS

Schedule and programs are subject to changes
please see www.charleston-sc.gov/recreation
for updates.